

N.H. Department of  
Environmental Services  
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## Important Information Enclosed on Fluorescent Bulb Disposal!

*USE but DON'T TRASH energy-efficient fluorescent bulbs!*



**DID YOU KNOW...**  
**Fluorescent**  
**Bulbs**  
**Contain**  
**Mercury!**

# FACTS

- ➔ **FLUORESCENT AND HID\* LAMPS CONTAIN MERCURY.** When broken, incinerated, or buried in a landfill, they release mercury into the air, water and soil.
- ➔ Due to high mercury levels, New Hampshire has a fish advisory restricting the amount of fish pregnant women and children should eat.
- ➔ **Standard mercury-containing lamps MUST be recycled or managed as a hazardous waste according to N.H. Hazardous Waste Rules.** See disposal options below.
- ➔ “Green end cap” lamps, while legally considered non-hazardous, are not mercury free! Some incinerators won’t accept them, no matter what their classification. For these reasons, NH DES strongly recommends recycling green end cap and other low-mercury lamps.
- ➔ Lamps that are improperly disposed of are a liability. Businesses improperly disposing of spent lamps may be held liable for contaminated waste sites under the Comprehensive Environmental Response, Compensation, and Liability Act (CERCLA). Employees may be exposed to unsafe mercury levels from mismanaged lamps.
- ➔ Fluorescent bulbs are 75% more efficient than incandescent bulbs and last 5-10 times longer. Using them will help lower your electric bill!

\*HID (High Intensity Discharge) bulbs include metal halide, high pressure sodium, and mercury vapor, used commonly in commercial indoor and outdoor lighting and other speciality lighting applications.

## Disposal Options for Fluorescent and HID Bulbs

### For Commercial/Institutional:

Dispose of fluorescent and HID lamps through one of the following sources:

#### Commercial Fluorescent Lamp Recyclers—

Below are nearby recyclers.

UniWaste Services Corp.  
125 Aviation Avenue  
Pease International Tradeport  
Portsmouth, NH 03801  
800-522-7711 or 603-422-7711

Onyx Superior Special Services  
230 Canton Street  
Stoughton, MA 02072  
781-341-6080 x232  
www.onyxes.com

Northeast Lamp Recycling, Inc.  
250 Main Street  
PO Box 680  
E. Windsor, CT 06088  
860-292-1992  
www.nlrlamp.com

For a complete list serving the area, see <http://www.des.state.nh.us/swtas/lamplist.htm>

#### Electrical Distributors—

Some distributors provide recycling services, offering a convenient, one-stop shopping arrangement for lamp purchasing and spent lamp management. Ask your lamp distributor if he or she provides this service. Below are some distributors who will help customers recycle their lamps. This list is not comprehensive.

CED  
254 Sheep Davis Road  
Concord, NH 03301  
603-228-3785

Northeast Electrical  
Distribution/SONEPAR  
36 Littleworth Road  
Dover, NH 03820  
603-740-3800

*Mention of a company is not an endorsement by the New Hampshire Department of Environmental Services.*

#### For More Information—

Contact Paul Lockwood at [plockwood@des.state.nh.us](mailto:plockwood@des.state.nh.us) or (603) 271-2956.

Visit NH DES Web site:  
<http://www.des.nh.gov/factsheets/hw/hw-7.htm#1>

### For Households:

Households are exempt from the regulations but strongly encouraged to recycle fluorescent and HID lamps. Recycle them at your local transfer station or Household Hazardous Waste collection. For more information, contact Melanie Wheeler at (603) 271-2047 or visit <http://www.des.nh.gov/hhw>

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